

May 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
29 April Cognitive Class 11:00am - 12:00pm	30 F.B.I. 5:00pm - 7:00pm Topic: Navigating the world of grief	1 May Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	2 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	3	4 Choir rehearsal 2:00 - 4:00pm	B.R.A.I.N. 5656 Corporate Ave. Cypress, CA 90630 (714) 828-1760 www.thebrainsite.org
6 Cognitive Class 11:00am - 12:00pm	7 F.B.I. 5:00pm - 7:00pm Topic: Games: Are video games good for our brain?	8 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	9 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information Men's Social Group (Complimentary) 5:30 - 7:00pm	10	11	Speech and Cognitive Therapy (714) 828-1760 Acupuncture Linda Cabrera (714) 329-2171
13 Cognitive Class 11:00am - 12:00pm	14 F.B.I. 5:00pm - 7:00pm Topic: What is in your bucket that you carry around?	15 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	16 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	17	18 Choir rehearsal 2:00 - 4:00pm	Strength and Balance Personal Training Kevin Jung (714) 350-7598
20 Cognitive Class 11:00am - 12:00pm	21 F.B.I. 5:00pm - 7:00pm Topic: The benefits of support animals and pets	22 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	23 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	24	25	Shiatsu Massage Russell Ikeda (714) 989-3457 Acupressure Massage Cathy Yu (626) 290-3000
27 Memorial Day Office Closed	28 F.B.I. 5:00pm - 7:00pm Topic: Post traumatic stress	29 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	30 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	31	1 June Choir rehearsal 2:00 - 4:00pm	B.R.A.I.N. Therapy Choir Claire MacKenzie (415) 837-8010