

March 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>26 February</p> <p>Cognitive Class 11:00am - 12:00pm</p>	<p>27 F.B.I. 5:00pm - 7:00pm Topic: The benefits of a bilingual brain</p>	<p>28 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information</p>	<p>29 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information</p>	<p>1 March</p>	<p>2 Choir rehearsal 2:00 - 4:00</p>	<p>B.R.A.I.N. 5656 Corporate Ave. Cypress, CA 90630 (714) 828-1760 www.thebrainsite.org</p>
<p>4 Cognitive Class 11:00am - 12:00pm</p>	<p>5 F.B.I. 5:00pm - 7:00pm Topic: Compassion fatigue</p>	<p>6 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information</p>	<p>7 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information</p>	<p>8</p>	<p>9</p>	<p>Speech and Cognitive Therapy (714) 828-1760 Acupuncture Linda Cabrera (714) 329-2171</p>
<p>11 Cognitive Class 11:00am - 12:00pm</p>	<p>12 F.B.I. 5:00pm - 7:00pm Topic: Food as medicine</p>	<p>13 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information</p>	<p>14 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information</p>	<p>15</p>	<p>16 No Choir rehearsal</p>	<p>Strength and Balance Personal Training Kevin Jung (714) 350-7598</p>
<p>18 Cognitive Class 11:00am - 12:00pm</p>	<p>19 F.B.I. 5:00pm - 7:00pm Topic: Benefits of laughter</p>	<p>20 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information</p>	<p>21 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information</p>	<p>22</p>	<p>23</p>	<p>Shiatsu Massage Russell Ikeda (714) 989-3457 Acupressure Massage Cathy Yu (626) 290-3000</p>
<p>25 Cognitive Class 11:00am - 12:00pm</p>	<p>26 F.B.I. 5:00pm - 7:00pm Topic: Memory strategies</p>	<p>27 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information</p>	<p>28 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information</p>	<p>29 Office Closed Good Friday</p>	<p>30</p>	<p>B.R.A.I.N. Therapy Choir Claire MacKenzie (415) 837-8010</p>