April 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 April Cognitive Class 11:00am - 12:00pm	2 F.B.I. 5:00pm - 7:00pm Topic: Tips on building self confidence	3 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	4 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	5	6 Choir rehearsal 2:00 - 4:00pm	B.R.A.I.N. 5656 Corporate Ave. Cypress, CA 90630 (714) 828-1760 www.thebrainsite.org
8 Cognitive Class 11:00am - 12:00pm	9 F.B.I. 5:00pm - 7:00pm Topic: What is executive function - Part 1	10 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	11 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information Men's Social Group (Complimentary) 5:30 - 7:00pm	12 Swing Fever Annual Fundraiser	13	Speech and Cognitive Therapy (714) 828-1760 Acupuncture Linda Cabrera (714) 329-2171
15 Cognitive Class 11:00am - 12:00pm	16 F.B.I. 5:00pm - 7:00pm Topic: What is executive function - Part 2	17 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	18 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	19	20 No Choir rehearsal	Strength and Balance Personal Training Kevin Jung (714) 350-7598
22 Cognitive Class 11:00am - 12:00pm	23 F.B.I. 5:00pm - 7:00pm Topic: Emergency preparedness with Ed Morgan	24 Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	25 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	26	27	Shiatsu Massage Russell Ikeda (714) 989-3457 Acupressure Massage Cathy Yu (626) 290-3000
29 Cognitive Class 11:00am - 12:00pm	30 F.B.I. 5:00pm - 7:00pm Topic: Navigating the world of grief	1 May Let's Talk (Aphasia Gp.) 1:00pm - 2:00pm Ask Kerry Anne for further information	2 Conversation Gp. (Dysarthria Gp.) 1:00 - 2:00pm Ask Angela for further information	3	4 Choir rehearsal 2:00 - 4:00pm	B.R.A.I.N. Therapy Choir Claire MacKenzie (415) 837-8010